

Clinical Supervision Contract

This contract serves a verification and a description of the clinical supervision provided by _____ ("Supervisor") to _____ ("Supervisee"), Post-Graduate supervision hours toward the Supervisee's Clinical licensure.

- I. ***Purpose, Goals and Objectives:***
 - a. Monitor and ensure welfare of clients seen by Supervisee
 - b. Promote development of Supervisee's counselor identity and competence
 - c. Fulfill requirements in preparation for Supervisee's pursuit of clinical licensure

- II. ***Context of Services:***
 - a. The option of one (1) clock hour of individual supervision twice per month, OR two (2) clocks hours of individual supervision once per month, OR (2) clock hours of group supervision once per month
 - b. Supervision will revolve around _____ (work location) clientele, education and discussion regarding mental health diagnoses through use of the DSM-5, treatment modalities/theory and treatment recommendations
 - c. The Discrimination Model, interpersonal process recall, reading assignments, problem solving alternatives and choice review will be used in supervision
 - d. Evidence based practice, current research and discussion of theoretical models and approaches will serve as a foundation to the supervision experience

- III. ***Method of Evaluation:***
 - a. Feedback will be provided by the Supervisor during each session and a formal evaluation may be conducted approximately halfway through and at the conclusion of the supervision process
 - b. Supervisee may evaluate Supervisor approximately midway through and at the close of the supervision relationship

- IV. ***Duties and Responsibilities of Supervisor and Supervisee:***
 - a. **Supervisor:**
 1. Examine client being presented and questions/concerns related to said client
 2. Sign off on necessary documentation pertaining to supervision
 3. Challenge Supervisee to justify approach and techniques used
 4. Monitor Supervisee's basic attending skills

5. Support Supervisee's development as a Licensed Clinical Professional Counselor
6. Present and model appropriate directives
7. Intervene when client welfare is at risk
8. Ensure ethical guidelines are upheld
9. Maintain supervision case notes

b. Supervisee:

1. Uphold ethical guidelines
2. Be prepared to discuss all client cases
3. Justify client case conceptualizations made, approach and techniques used
4. Implement supervisory directives in subsequent sessions
5. Maintain documentation pertaining to supervision

V. *Procedural Considerations:*

- a. Issues related to Supervisee's professional development will be discussed
- b. Sessions will be used to discuss issues of conflict and failure of either party to abide by directives outlined here in contract
- c. In event of emergency, Supervisee if to contact Supervisor at home,

VI. *Supervisor's Scope of Competence:*

(Personal narrative of work education, experience, expertise)

I hold a Bachelor of Arts in Anthropology/Sociology from The College of Idaho and a Master of Arts in Counseling from Boise State University (BSU). I have worked in the counseling field since 2008 and hold a Licensed Clinical Professional Counselor (LCPC-4699) endorsement from the State of Idaho and I am endorsed as a National Certified Counselor and Certified Clinical Mental Health Counselor through the National Board of Certified Counselors (NCC/CCMHC-275357). I am a Registered Supervisor in Idaho, after receiving approval by the State of Idaho Bureau of Occupational Licenses, Board of Professional Counselor and Marriage & Family Therapists. In addition to my private practice, I am an Adjunct Professor for the Counselor Education Department at BSU and work as a Mental Health Therapist at St. Luke's Psychiatric Wellness Services. Prior to my work at St. Luke's, I worked for 10 years at St. Alphonsus Regional Medical Center in the Emergency Department as a Psychiatric Clinician and as an Inpatient Counselor at the Behavioral Health Unit. I have provided supervision to counselors at all levels, including: practicum & internship settings, and those seeking clinical licensure.

VII. *Fee Schedule:*

- a. A mutually beneficial agreement has been reached:
 - 1. for each one (1) hour of individual supervision a \$____ fee will be assessed
 - 2. for each one (1) hour of group supervision a \$____ fee will be assessed

VIII. *Terms of the Contract:*

This contract is subject to revision at any time, upon the request of either the Supervisor of Supervisee. A formal review of the contract may be made mid-way through the supervision relationship. Revisions will be made only with the consent of the Supervisee and approval of the Supervisor.

We agree, to the best of our ability, to uphold the directives specified in this supervision contract and to conduct our professional behavior according to the ethical principles of our professional associations.

Supervisor: _____ Date _____

Supervisee: _____ Date _____